

## **COURSE OUTLINE**

### **Family Issues: Addictions**

#### **Course Description**

BS 131. Family Issues: Addictions. 2 hours credit. This course will enable the student to have a working knowledge of dependency and its effects on the family and significant others. The student will explore characteristics and dynamics of families will be explored along with models of diagnosis and intervention. This course is required for SRS/AAPS (Social and Rehabilitation Services/Addiction And Prevention Services) certification.

#### **Course Relevance**

The family, the social network, and the community system are significantly impacted by substance abuse, dependence and related behaviors. The information learned in this class will equip the student with a broader understanding to assist families and significant others impacted by dependency issues.

#### **Required Materials**

McCollum. E. E. (2007). *Family solutions for substance abuse: Clinical & counseling approaches*. (1<sup>st</sup> ed.). Binghamton, NY: Hayworth.

McGoldrick. (1999). *Genograms: Assessment & intervention*. (3<sup>rd</sup> ed.). New York, NY: Norton.

#### **Learning Outcomes**

The intention is for the student to be able to:

1. Explain the characteristics and dynamics of families, couples, and significant others affected by substance use.
2. Demonstrate appropriate use of models of diagnosis and intervention for families, couples, and significant others, including extended, kinship, or tribal family structure.

#### **Learning PACT Skills that will be DEVELOPED and documented in this course**

Through involvement in this course, the student will develop ability in the following PACT skill area(s):

##### **Analytical Thinking Skills**

1. Critical thinking
  - Through written essays, the student will demonstrate critical analysis of written articles pertaining to families and abuse/dependence

##### **Technological Skills**

1. General computer use
  - Through electronic-facilitated research and preparation of computer-generated assignments, the student develops basic computer skills.

### **Major Summative Assessment Task(s)**

These learning outcome(s) and the Learning PACT skill(s) will be demonstrated by

1. Producing a computer-generated critical analysis of written work regarding family substance abuse/dependence issues.

### **Course Content**

- I. Skills/Competencies – Actions that are essential to achieve the course outcomes:  
*(The following skills and competencies are taken from the Addiction Counseling Competencies TAP 21, U.S. Department of Health and Human Services, <http://www.samhsa.gov>.)*
  - A. Describe how substance use disorders affect families and concerned others
  - B. Describe the continuum of care and resources available to the family and concerned others
  - C. Explain the importance of family in the treatment and recovery process

### **Learning Units**

- I. Foundation of the family
  - A. Family vs. individual counseling
  - B. The power of family counseling
  - C. Contemporary cultural influences
- II. Early models and basic techniques
  - A. Theories of family counseling
  - B. Normal family development
  - C. Development of behavioral disorders
  - D. Goals and techniques of therapy
- III. The fundamental concepts of family counseling
  - A. Systems theory
  - B. Functionalism
  - C. Structuralism
  - D. General systems theory
  - E. Community and web-based resources

### **Learning Activities**

Learning activities will be assigned to assist the student to achieve the intended learning outcomes through lecture, instructor-led class discussion, group activities, and other activities at the discretion of the instructor.

### **Grade Determination**

The student will be graded on learning activities and assessment tasks. Grade determination may include the following: daily work, quizzes, chapter or unit tests, comprehensive examinations, class participation, and other methods of evaluation employed at the discretion of the instructor.