

COURSE OUTLINE

Group Counseling II: Addictions

Course Description

BS 217. Group Counseling II: Addictions. 3 hours credit. Prerequisites: BS 115, BS 116, BS 117, BS 121, BS 124, BS 128, and BS 130 all with a C or better or instructor approval. This course will enable the student to further develop skills in group counseling through an advanced study of group processes, the study of development of techniques, and the use of specific techniques through group facilitation in treating people with substance use disorders.

Course Relevance

Substance abuse and dependence are significant problems for countless individuals, their family, and society impacted by their effects. This course provides the student with advanced group facilitation techniques used in treating persons with substance use disorders.

Required Materials

Corey, G., Corey, M.S., Callahan, P., and Russell, J. M. (2004). *Group Techniques*. (3rd ed.). Belmont, CA: Thomson Brooks/Cole.

Learning Outcomes

The intention is for the student to be able to:

1. Apply the elements of group process to group counseling.
2. Explain a variety of group methods appropriate to achieving client objectives in a treatment population.
3. Demonstrate advanced techniques of group leadership and facilitation.

Learning PACT Skills that will be DEVELOPED and documented in this course

Through involvement in this course, the student will develop ability in the following PACT skill area(s):

Communication Skills

1. Creation and delivery of messages
 - Through written assignments, discussions, and group sessions, the student will receive, interpret and communicate observations related to group process and content.
2. Reception and interpretation of messages
 - Through written assignments, discussions, and group sessions, the student will receive, interpret and communicate observations related to group process and content.

Major Summative Assessment Task(s)

These learning outcome(s) and the Learning PACT skill(s) will be demonstrated by:

1. Leading a group session while applying elements of group process including a variety of group methods and techniques appropriate to achieving client objectives in a treatment population.
2. Leading a group session that demonstrates competency of skills and behaviors associated with effective relationships in a group setting.

Course Content

- I. Skills/Competencies – Actions that are essential to achieve the course outcomes:
 - A. Describe, select, and appropriately use strategies from accepted and culturally appropriate models for group counseling with clients with substance use disorders.
 - B. Carry out the actions necessary to form a group that includes establishing group goals and clarifying behavioral ground rules for participating, identifying outcomes, and determining criteria and methods for termination or graduation from the group.
 - C. Facilitate group growth, within the established ground rules, and movement toward group and individual goals by using methods consistent with group type.
 - D. Describe and summarize client behavior within the group for the purpose of documenting the client's progress and identifying needs that may require a modification in the treatment plan.

Learning Units

- I. Advanced issues in group work
 - A. Group counselor: person and professional
 - B. Role of techniques
 - C. Ethical issues in using group techniques
- II. Group process: Stages of development
 - A. Techniques for preparing groups
 - B. Techniques for the initial stage
 - C. Techniques for the transition stage
 - D. Techniques for the working stage
 - E. Techniques for the final stage
- III. Application and integration
 - A. Facilitating group techniques
 - B. Experiencing group techniques
 - C. Integration and closure

Learning Activities

Learning activities will be assigned to assist the student to achieve the intended learning outcome(s) through lecture, instructor-led class discussion, guest speakers, group activities, skill practice and other activities at the discretion of the instructor.

Grade Determination

The student will be graded on learning activities and assessment tasks. Grade determinants may include the following: daily work, quizzes, chapter or unit tests, comprehensive examinations, projects, presentations, class participation, and other methods of evaluation employed at the discretion of the instructor.