

## **COURSE OUTLINE** **Human Sexuality**

### **Course Description**

BS 103. Human Sexuality. 3 hours credit. This course will enable the student to trace the physiological, psychological and social impact of human sexuality. The student will be able to discuss topics that include gender information, sex roles, biochemistry of sex, birth and birth control, sexual diversity, consequences of sexual activity, and communication.

### **Course Relevance**

The concepts learned in this course give the student skills and knowledge to interpret how human sexuality impacts his or her life.

### **Required Materials**

Strong, Yarber, Sayad & Devault. (2008). *Human Sexuality-diversity in contemporary America*. (6<sup>th</sup> ed.), Boston, MA: McGraw-Hill

The student must sign the following disclaimer. Instructors will submit signed copies for each class to Nita Jackson, Lead Instructor, by the 6<sup>th</sup> week of classes. The disclaimer should be attached to the syllabus as follows:

#### Human Sexuality Disclaimer:

I have read the syllabus and I understand this class is an elective. I understand that the subject matter of the class deals with issues regarding human sexuality, some of which are controversial. I understand that graphic depictions of sexuality are a part of this college course material. I agree that if any of the materials--written, pictographic, video, or otherwise--are offensive to me that I may withdraw from the course. Lectures are not to be taped and any materials provided for my scholarly use are not to be left in public areas. Only students who are enrolled in the course may attend. I am attending this class because I have voluntarily chosen to do so.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

### **Learning Outcomes**

The intention is for the student to be able to:

1. Explain the physiology of sexuality.
2. Interpret information related to sexual diversity.
3. Examine the benefits and consequences of sexual activity.

## **Learning PACT Skills that will be DEVELOPED and/or documented in this course**

Through involvement in this course, the student will develop ability in the following PACT skill area(s):

### **Personal Development Skills**

1. Personal management
  - Demonstrate effective choices and behaviors in regards to self-concept, health, change, and other self-management issues.

### **Major Summative Assessment Task(s)**

These learning outcomes and Learning PACT skills will be demonstrated by:

1. Completing a major research paper using professional journals that encompasses topics covered throughout the course.

### **Course Content**

- I. Skills/Competencies – Actions that are essential to achieve the course outcomes:
  - A. Writing
  - B. Reading
  - C. Computer literacy
  - D. Analytical thinking
  - E. Ability to compare and contrast
  - F. Memorization of terms
  - G. Application of concepts

### **Learning Units**

- I. Introduction to human sexuality
  - A. History of sexuality
  - B. Scientific method
- II. Biological basis of sexuality
  - A. Female sexual anatomy
  - B. Male sexual anatomy
  - C. Sexual arousal and response
- III. Gender roles and gender differences
  - A. Love and relationship development
  - B. Communication
- IV. Sexuality and the life cycle
  - A. The family
  - B. Contraception and birth control
  - C. Conception and pregnancy
  - D. Sexuality during childhood and adolescence
  - E. Sexuality and the adult years
- V. Sexual diversity
  - A. Attraction

- B. Atypical sexual behavior
- C. Sexual orientation

VI. Sexual problems

- A. Sexually transmitted disease
- B. Sexual dysfunction
- C. Therapy and treatment

VII. Social Issues

- A. Prostitution
- B. Sexual assault and victimization

**Learning Activities**

Independent and collaborative learning activities will be assigned to assist the student in achieving learning outcomes. Examples of activities which contribute to the learning process include, but are not limited to, the following: instructor lectures, class discussions, group tasks, quizzes, exams, lab assignments, handouts, study guides and individual conferences with the instructor.

**Grade Determination**

The student will be graded on learning activities and assessment tasks. Grade determinants may include the following: daily work, quizzes, chapter or unit exams, comprehensive examinations, student projects, student presentations, class participation, and other methods of evaluation employed at the discretion of the instructor.