

COURSE OUTLINE
Human Sexuality

Course Description:

BS 103. Human Sexuality. 3 hours credit. The student will be able to understand the physiological, psychological and social impact of human sexuality. The student will be able to discuss topics that include specific gender information, sex roles, biochemistry of sex, birth and birth control, sexual diversity, consequences of sexual activity, and communication.

Course Relevance:

The concepts learned in this course give the student skills and knowledge to understand how human sexuality impacts their lives.

Required Materials:

Text and other materials:

Crooks, Robert and Baur, Karla, (2003). *Our Sexuality*. Thomson Learning.

Human students must sign the following disclaimer. Instructors will submit signed copies for each class to Nita Jackson, Lead Instructor by the 6th week of classes. The disclaimer should be attached to the syllabus as follows:

Human Sexuality Disclaimer:

I have read the syllabus and I understand this class is an elective. I understand that the subject mater of the class deals with issues regarding human sexuality, some of which are controversial. I understand that graphic depictions of sexuality are a part of this college course material. I agree that if any of the materials; written, pictographic, video, or otherwise are offensive to me that I may withdraw from the course. Lectures are not to be taped and any materials provided for my scholarly use are not to be left in public areas. I am attending this class because I have voluntarily chosen to do so.

Student Signature

Date

Learning Outcomes:

The intention is for the student to be able to:

1. Understand physiology of specific gender in relationship to sexuality.
2. Explore information related to sexual diversity.
3. Develop respect for the benefits and consequences of sexual activity

Primary Learning PACT Skills that will be DEVELOPED and/or documented in this course:

Through the student involvement in this course, he/she will develop his/her ability in the following primary PACT skill areas:

1. Effective relationships
 - Through activities conducted in class, the student will develop skills to understand gender specific characteristics to enhance their relationships
2. Critical thinking
 - Through written assignments and other activities conducted in class, the student will develop critical thinking and analytical skills

Secondary skills (developed but not documented):

Self concept	Health management
Valuing diversity	Ethical conduct
Problem solving	Historical interpretation
Reading	Non-verbal communication
Computer literacy	

Major Summative Assessment Tasks:

These learning outcomes and primary Learning PACT skills will be demonstrated by:

1. Demonstration of the student's knowledge of how to connect components of human sexuality to their life by a major essay.
2. Completion of a self assessment inventory

Course Content:

- I. Themes – Key recurring concepts that run throughout this course:
 - A. Scientific method
 - B. How sexual behavior impacts life
- II. Issues – Key issues that will be addressed in this course: areas of conflict that must be understood in order to achieve the intended outcome:
 - A. Development of personal sexual identity
 - B. Acceptance of the variety of sexual practices
- III. Concepts – Key concepts that must be understood to address the issues:
 - A. Consequences of irresponsible sexual activity
 - B. Self evaluation and introspection
 - C. Terminology of the course

- IV. Skills – Actions that are essential to achieve the course outcomes:
 - A. Writing
 - B. Reading
 - C. Computer literacy
 - D. Analytical thinking
 - E. Ability to compare and contrast
 - F. Memorization of terms
 - G. Application of concepts

Learning Units:

- I. Introduction to Human Sexuality
 - A. History of sexuality
 - B. Scientific method
- II. Biological Basis
 - A. Female sexual anatomy
 - B. Male sexual anatomy
 - C. Sexual arousal and response
- III. Gender Roles and Gender Differences
 - A. Love and relationship development
 - B. Communication
- IV. Sexuality and the Life Cycle
 - A. The family
 - B. Contraception and birth control
 - C. Conception and pregnancy
 - D. Sexuality during childhood and adolescence
 - E. Sexuality and the adult years
- V. Sexual Diversity
 - A. Attraction
 - B. Atypical sexual behavior
 - C. Sexual orientation
- VI. Sexual Problems
 - A. Sexually transmitted disease
 - B. Sexual dysfunction
 - C. Therapy and treatment
- VII. Social Issues
 - A. Prostitution
 - B. Sexual assault and victimization

Learning Activities:

Classroom: Lecture, instructor-led class discussions, group study, field trips, library research, various audio/visual aids, case studies, guest speakers, and student presentations. The student will be required to examine professional journals in this course.

All Human Sexuality instructors will include the following department policies on their syllabus:

DEPARTMENTAL POLICIES

- I. All students will be exposed to professional journal articles. Instructors will determine how these scholarly journals will be used in class.
- II. This course may contain material that expresses different points of view on topics such as sexuality, race, religion and ethnicity.
- III. The department will participate in college-wide assessment activities as needed.

Grade Determination:

The student will be graded on satisfactory completion of assessment tasks, research papers, tests, daily work, class participation, attendance, out-of-class assignments and other methods of evaluation at the discretion of the instructor.