

## **COURSE OUTLINE**

### Growth and Development of Spirituality

**Course Description** AH 231 Growth and Development of Spirituality. 1 hour credit. This course will enable the student to recognize the role of spirituality in health care. Included will be discussion of spirituality in various developmental stages and the development of one's spirituality. Components of spiritual growth and enhancement will be explored.

**Course Relevance** Courses in Spiritual Care help the student to recognize the importance of spirituality on mankind's view of the world. "Growth and Development of Spirituality" provides the student with a foundation for lifelong learning in the understanding of spiritual growth.

#### **Required Textbook**

O'Brien, M.E. (2003). *Spirituality in nursing: Standing on holy ground* (2<sup>nd</sup> ed.). Sudberry, MA: Jones & Bartlett.

#### **Learning Outcomes:**

The intention is for the student to be able to:

1. Recognize spiritual needs in various developmental stages across the lifespan
2. Discuss Fowler's work on spiritual development and the components of spiritual growth
3. Illustrate enhancement of spiritual growth
4. Relate developmental theories to the development of an individual's spirituality.

#### **Learning PACT Skills Developed and/or Documented in this course:**

Through the student involvement in this course, he/she will develop his/her ability in the following PACT Skill areas:

1. Writing  
Students will show writing skills in the completion of assigned discussions of developmental theories and of Fowlers spiritual development theory. Students will demonstrate effective storytelling by sharing their faith story.

Secondary skills (developed but not documented)

Time Management  
Computer Literacy  
Internet use

### **Major Summative Assessment Tasks:**

These learning outcomes and primary Learning PACT skills will be demonstrated by:

1. Completion of class essays discussing developmental theories, spiritual development and the sharing of their faith stories.

### **Course Content:**

- I. Themes – Key recurring concepts that run throughout this course:
  - A. Developmental theories
  - B. Storytelling
  - C. Spiritual growth
- II. Issues – Key issues that will be addressed in this course: areas of conflict that must be understood in order to achieve the intended outcome:
  - A. Theories of normal growth and development
  - B. Fowler's theories of spiritual growth
  - C. Components of spiritual growth
- III. Concepts – Key concepts that must be understood to address the issues:
  - A. Spirituality
  - B. Growth and development
- IV. Skills/Competencies – Actions that are essential to achieve the course outcomes:
  - A. Comprehend the meaning of spirituality
  - B. Understand Fowler's theory of spiritual growth
  - C. Provide evidence of understanding of the concepts of the course in a written paper.

### **Learning Units –**

- I. Effects of developmental stages on health care
  - A. Maslow
  - B. Erickson
  - C. Piaget.
- II. Spiritual needs of various developmental stages
  - A. Fowler's work
  - B. Storytelling
  - C. Sharing of personal stories.
- III. How to enhance spiritual growth
  - A. Common components of spiritual growth
  - B. Enhancement of spiritual growth
- IV. Summarize the relationship of developmental theories and spiritual development.

### **Learning Activities:**

Independent learning activities will be assigned to assist the students in achieving the intended learning outcomes. Learning activities will be geared toward practices what would be useful not only in the comprehension and critical analysis of assigned class materials but also in the analysis of types of written

communications. The learning activities will also emphasize the importance of good writing skills which is a benefit to students both inside the classroom and outside the classroom in a variety of situations. Examples of activities which contribute to the learning process include: class discussion, instructor notes, web searches, and reading assignments. These methods and other materials deemed suitable might be used individually or in combination by all instructors.

Online instruction is based on web searching and discussion between and among classmates.

**Grade Determination:** The student will be graded on the satisfactory completion of learning activities (including the required assessment task as stated earlier in this document). Grade determinants will include the following: writing assignments and class discussion participation.